

Clinical and surgical ophthalmology in an African Teaching Hospital

Tenwek Hospital, KENYA

- Great variety of pathologies
- Evidence based medicine still important
- Sometimes alternative approaches are required because of limited resources
- Work in an international team
- Possibility to serve the poor and needy
- Great option for training and learning



Differences / Unterschiede

- Mobile clinics
- Instruments are (re-)used until they are defect
- MSICS versus Phaco
- PRP early and complete both eyes in one session as a patient might not come back
- More focal laser (availability of a-VEGF)
- Many tube shunts (scleral flap), CPC
- Intravitreals by nursing team
- PKs when the rest of the world celebrates
- Nearly all surgeries in retrobulbar block – GA for children only
- Peadiatric Cataract bilateral surgery with IOL and PPC
- Allergy ... often severe
- Keratoconus as a common diagnosis

